



FALL 4X4!

WORKSHOP SCHEDULE

FRIDAY

FRIDAY 7PM – 9PM

WHAT COLOR ARE YOU? - GINA BAKER

Discovery analysis of your personality color and how it's characteristics effect your learning and relationships within your group.

FRIDAY 9PM – 10PM

Brigade style drawing for Double-Quartet (DQ) teams (for singer track participants). Then stick around for some group tag teaching, singing & socializing!

SATURDAY

SATURDAY 8:30 AM

MUSIC IN THE MORNING

Fun physical and vocal warmups with Regional Faculty members.

SATURDAY 9AM – 10:00AM

IINSIDE THE VOICE- GINA BAKER

An in depth look at the anatomy of your instrument along with techniques to keep it healthy for years to come

-- **BREAK** – SATURDAY 10:00AM – 10:30 AM

SATURDAY 10:30AM – 12:00PM

REHEARSAL & COACHING SESSION 1 (4 REGIONAL FACULTY COACHES – ROTATING)

DQs rehearsal 1 with Coastal Harmony Faculty.

SATURDAY 12:00PM – 1:00PM

BOX LUNCH PROVIDED – GRAB & GO SING OR STAY & SOCIALIZE

COASTAL HARMONY REGION 9 – FALL 4X4 2018

SHERATON ORLANDO NORTH HOTEL - 600 N Lake Destiny Drive Maitland, FL 32751



SATURDAY

SATURDAY 1:00PM – 2:00PM

SPF: NOT JUST SUNSCREEN! – GINA BAKER

How each S, P, and F affect the individual and collective sound of your group.
(With scheduled demo quartet)

SATURDAY 2:00PM – 3:30PM

REHEARSAL & COACHING SESSION 2 (4 REGIONAL FACULTY COACHES – ROTATING)

SATURDAY 3:00PM – 4:00PM

THE POWER OF LOVE - GINA BAKER

A personal journey through your inner self and how your personal self-talk can affect your goals and outcomes you desire.

SATURDAY 4:00PM – 5:30PM

REHEARSAL – OPTIONAL COACHING SESSION 3 (4 REGIONAL FACULTY COACHES – ROTATING)

SATURDAY 5:30PM – 7:30PM

DINNER & FINAL DQ TEAM PREPARATIONS FOR CONTEST

SATURDAY 8:00PM – 9:30PM

DOUBLE-QUARTET CONTEST & SHOW

SATURDAY 9:30PM – 12:00AM

TAG SINGING & PARTY

SUNDAY 9:30AM – 11:00AM

PUTTING TOGETHER A QUARTET

Panel: Gina Baker, Gayle Burton, Kim Higdon, Betty Meinholtz

Finding parts, setting goals, finding music, rehearsal considerations and performance ideas.



ABOUT THE WORKSHOP

SINGERS TRACT:

All those interested in being in a double-quartet will be included in the drawing Friday night for Double Quartet teams. All groups will sing the same song: Kickin' It Up a Notch.

KICKIN IT UP A NOTCH WITH MUSIC AND LEARNING TRACKS PROVIDED BY THE REGION

OBSERVERS TRACT:

Learn the music, observe the coaching, cheer on the teams Saturday night.

DOUBLE QUARTET FACULTY COACHES

- Gayle Burton
- Elaine Haugen
- Kim Higdon
- Betty Meinholtz
- Lizzie Green