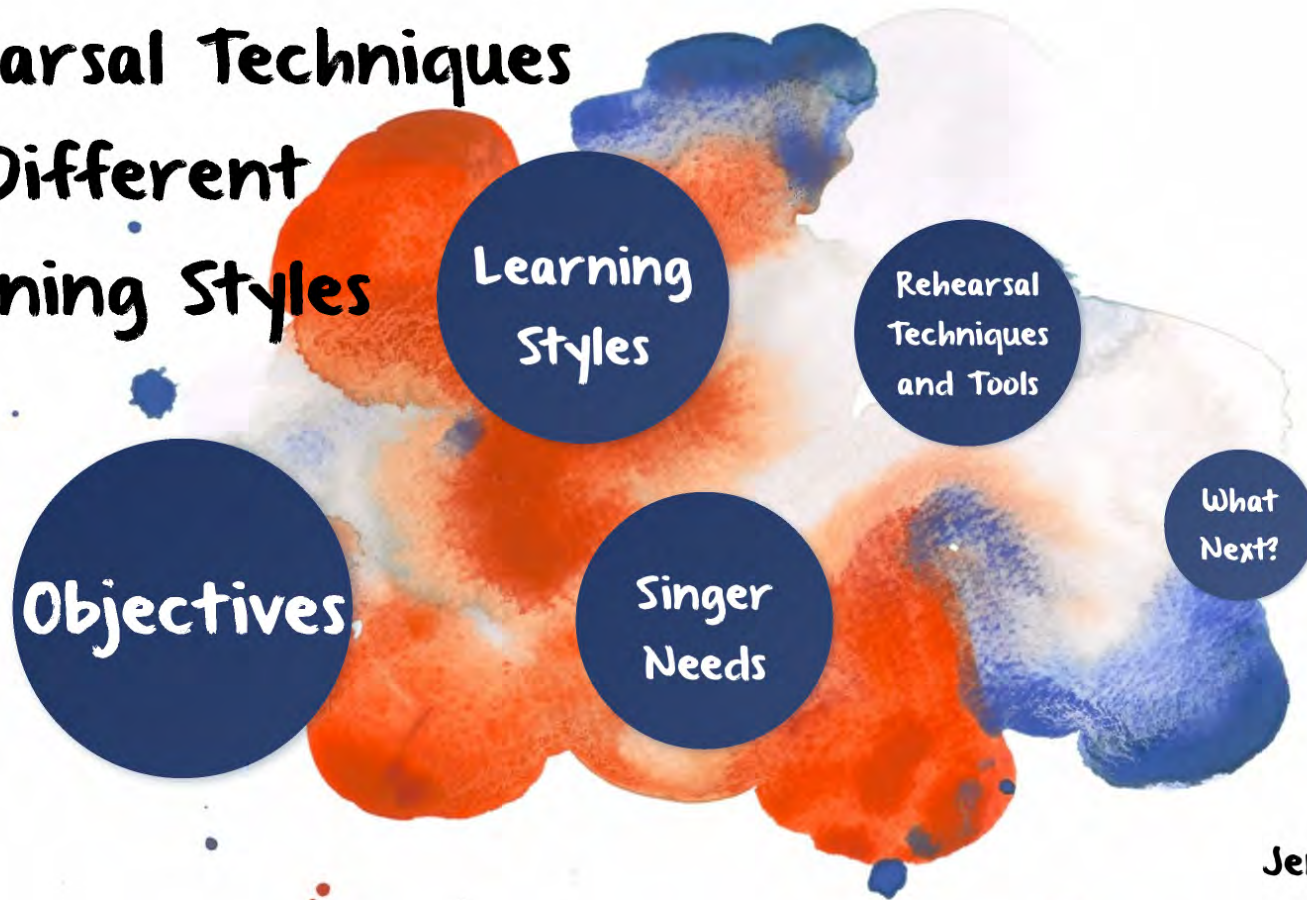


# Rehearsal Techniques for Different Learning Styles



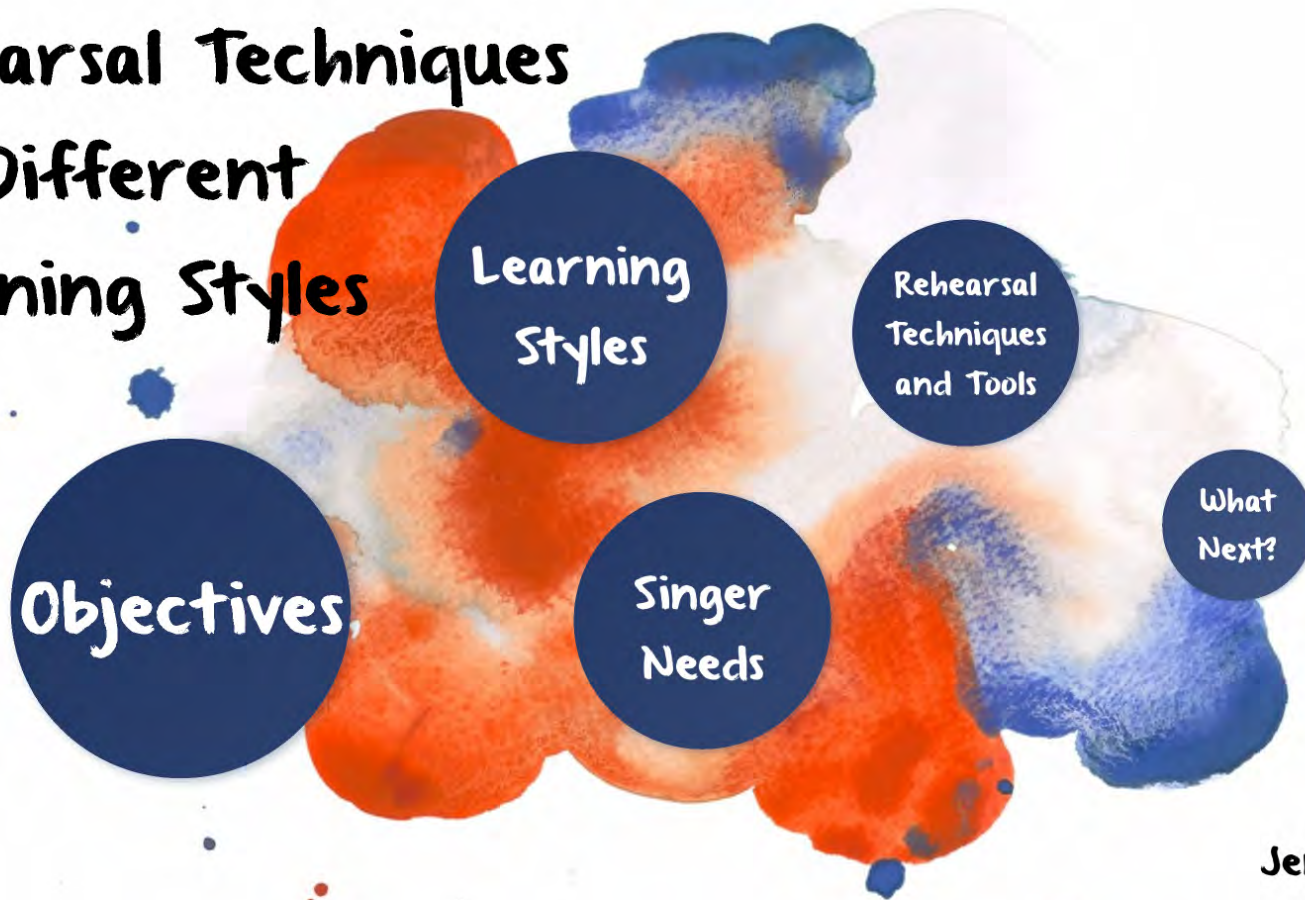
Jennifer Cooke

## Today, we will . . .

- Identify seven learning styles
- Discuss ways to determine personal learning styles
- Explore different rehearsal techniques that meet each learning style
- Analyze tools and rehearsal habits that can enhance rehearsal time for all learners



# Rehearsal Techniques for Different Learning Styles



Jennifer Cooke



## 7 Learning Styles

1. Visual (spatial)
2. Aural (auditory/musical)
3. Verbal (linguistic)
4. Physical (kinesthetic)
5. Logical (mathematical)
6. Social (interpersonal)
7. Solitary (intrapersonal)

Visual

Verbal

Aural

Logical

Physical

Social

Solitary



## Visual (Spatial)

You are a visual learner if you prefer using **pictures, images,** and **spatial understanding** when you are assimilating new material.





## Aural (Auditory-Musical)

You are an aural learner if you prefer using **sound**, **lecture**, and **music** when you are assimilating new material.



## Verbal (Linguistic)

You are a verbal learner if you prefer using **words**, both in **speech** and **writing** when you are assimilating new material.

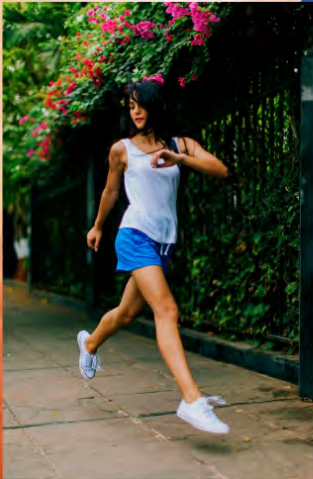


## Logical (Mathematical)

You are a logical learner if you prefer using **logic**, **reasoning**, and **systems** when you are assimilating new material.







## Physical (Kinesthetic)

You are a physical learner if you prefer using **your body**, **hands**, and **sense of touch** when you are assimilating new material.

## Social (Interpersonal)

You are a social learner if you prefer to **learn in groups** or **with other people** when you are assimilating new material.





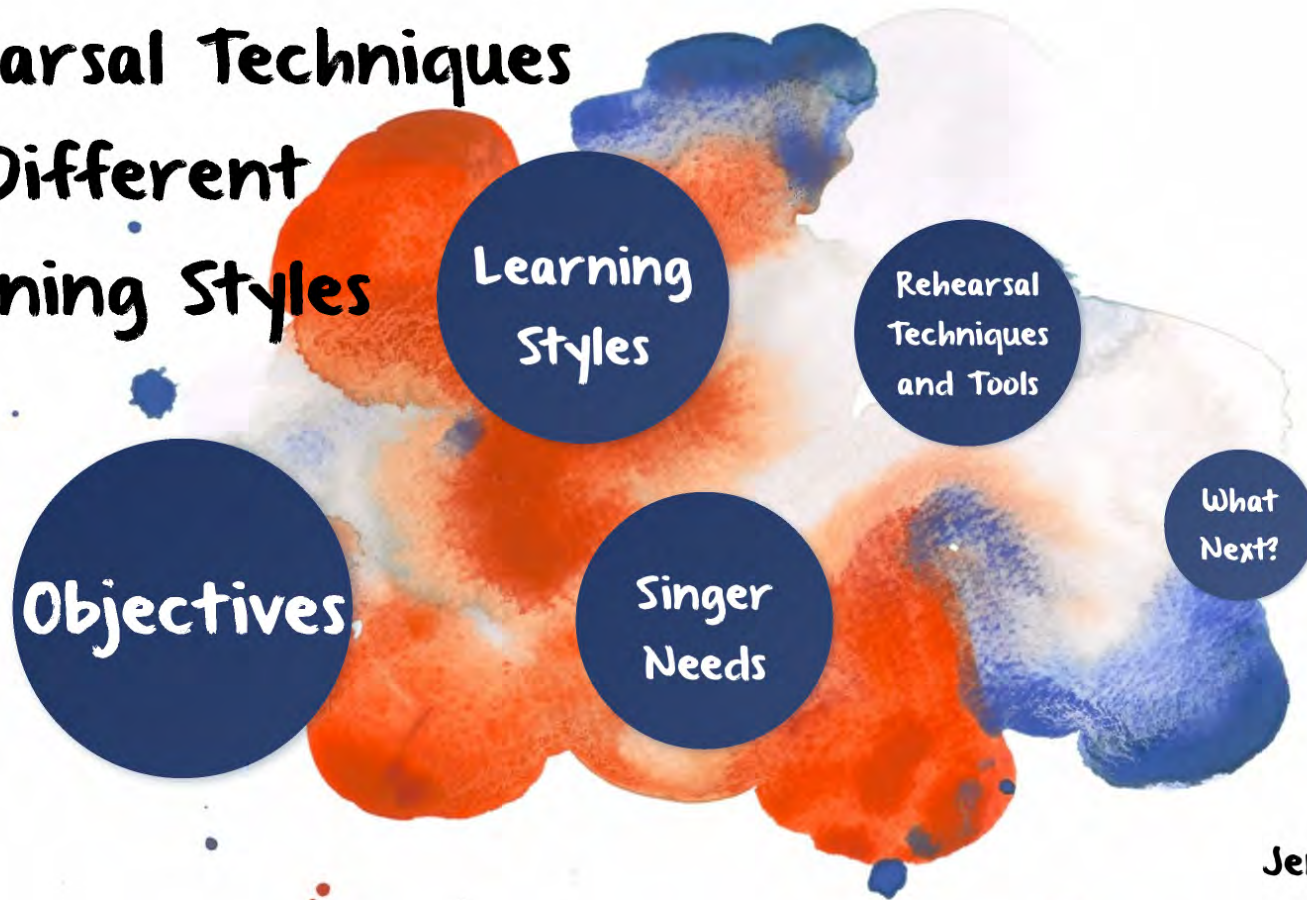
## Solitary (Intrapersonal)

You are a solitary learner if you prefer to **work alone** and **use self-study** when you are assimilating new material.





# Rehearsal Techniques for Different Learning Styles



Jennifer Cooke

## Singer Needs

Keep in mind that every singer likely favors more than one learning style. You will not be able to access every single style all the time. However, when you are more aware of the needs of each style, it will allow you to be mindful of what you need to do, as an individual singer, to assimilate new skills.

Visual

Aural

Verbal

Physical

Logical

Solitary

Social



## Visual (Spatial)

This learner needs:

- Marked sheet music
- Visual reminders
- Charts/graphs
- Illustrations
- Video or Visual examples
- What else?



## Aural (Auditory-Musical)

This learner needs:

- Audio examples
- Learning tracks
- Spoken explanations
- Inspirational speech
- Video or recorded examples
- What else?

## Verbal (Linguistic)

This learner needs:

- To express in their own words
- Verbal processing time
- Collaboration with others
- Discussion with leadership
- Patience from director
- What else?

## Physical (Kinesthetic)

This learner needs:

- Physical examples
- To know what "feels right"
- Physical exercises
- Kinesthetic movement to reinforce skill
- What else?

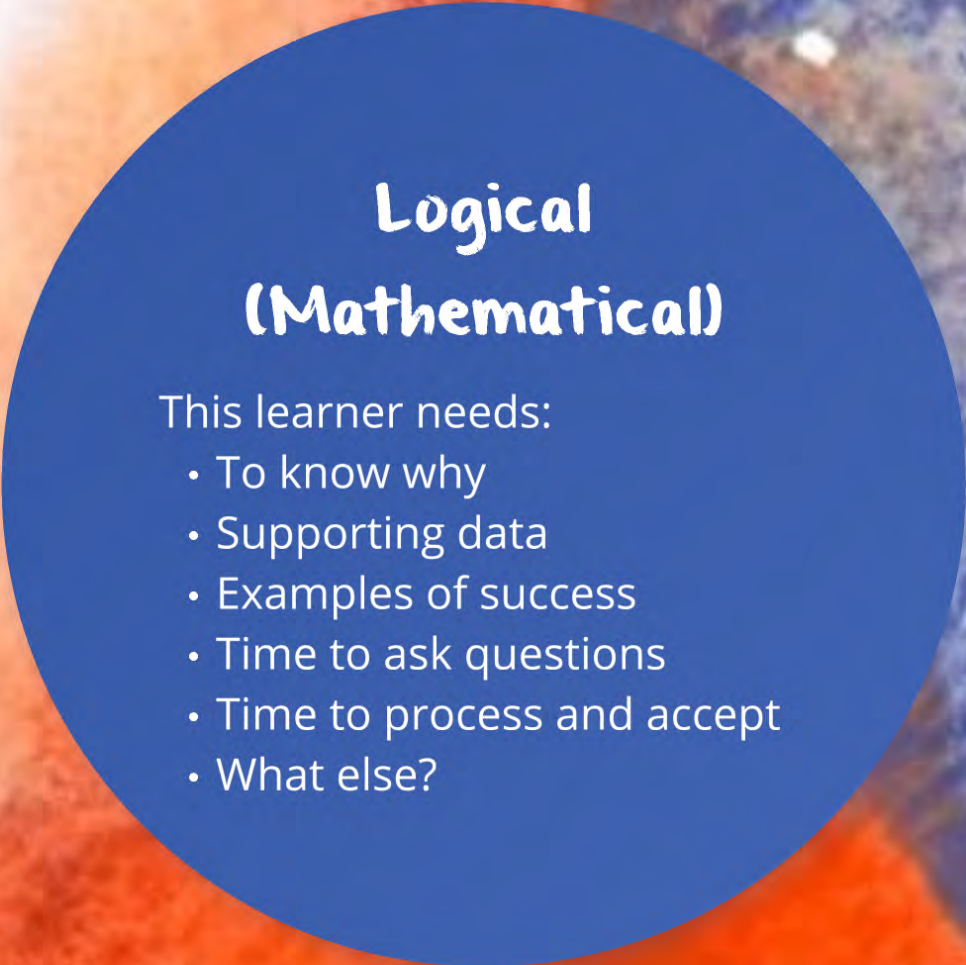


The background of the slide is a stylized globe with orange and blue colors. A large blue circle is overlaid on the globe, containing the text and list.

## Social (Interpersonal)

This learner needs:

- Time to collaborate
- Social events
- Icebreakers/getting to know you
- Connection to leadership
- Events to connect to larger whole
- What else?



## Logical (Mathematical)

This learner needs:

- To know why
- Supporting data
- Examples of success
- Time to ask questions
- Time to process and accept
- What else?





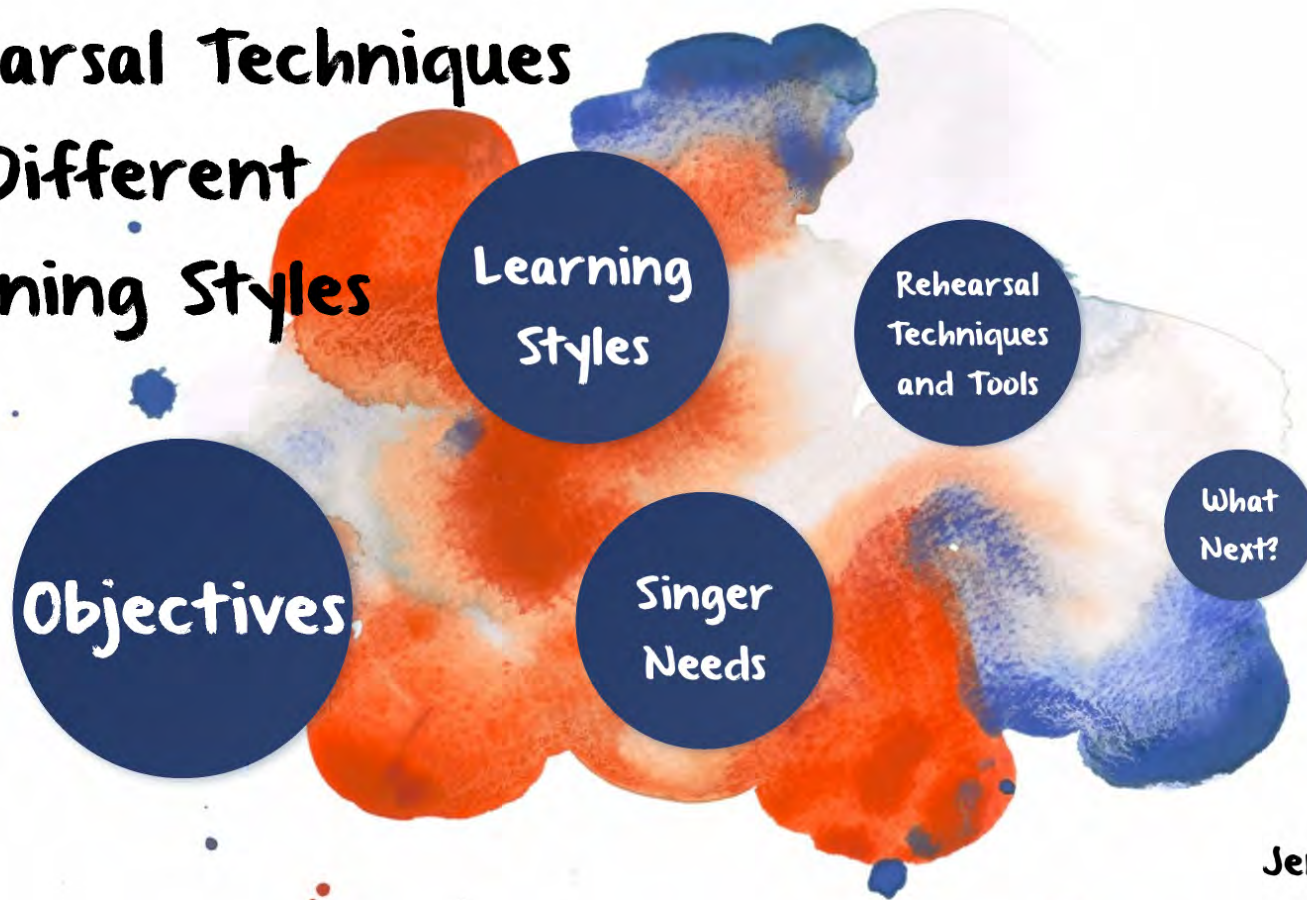
## Solitary (Intrapersonal)

This learner needs:

- Internal processing time
- Space
- Permission to not be social
- Ways to learn outside of rehearsal
- What else?



# Rehearsal Techniques for Different Learning Styles



Jennifer Cooke

## Rehearsal Techniques and Tools

These techniques can be used during personal or corporate rehearsal time to target specific learning style needs. As you consider your personal rehearsal time, think about how you will deliberately and transparently engage your learning style and strengthen other areas of learning.

Visual

Aural

Verbal

Physical

Logical

Solitary

Social



## Visual (Spatial)

The learning takes notes, makes charts, and posts visual reminders of new skills.

Visual examples of best practices, charts, videos, and other visual aids are regularly incorporated into personal rehearsal time.

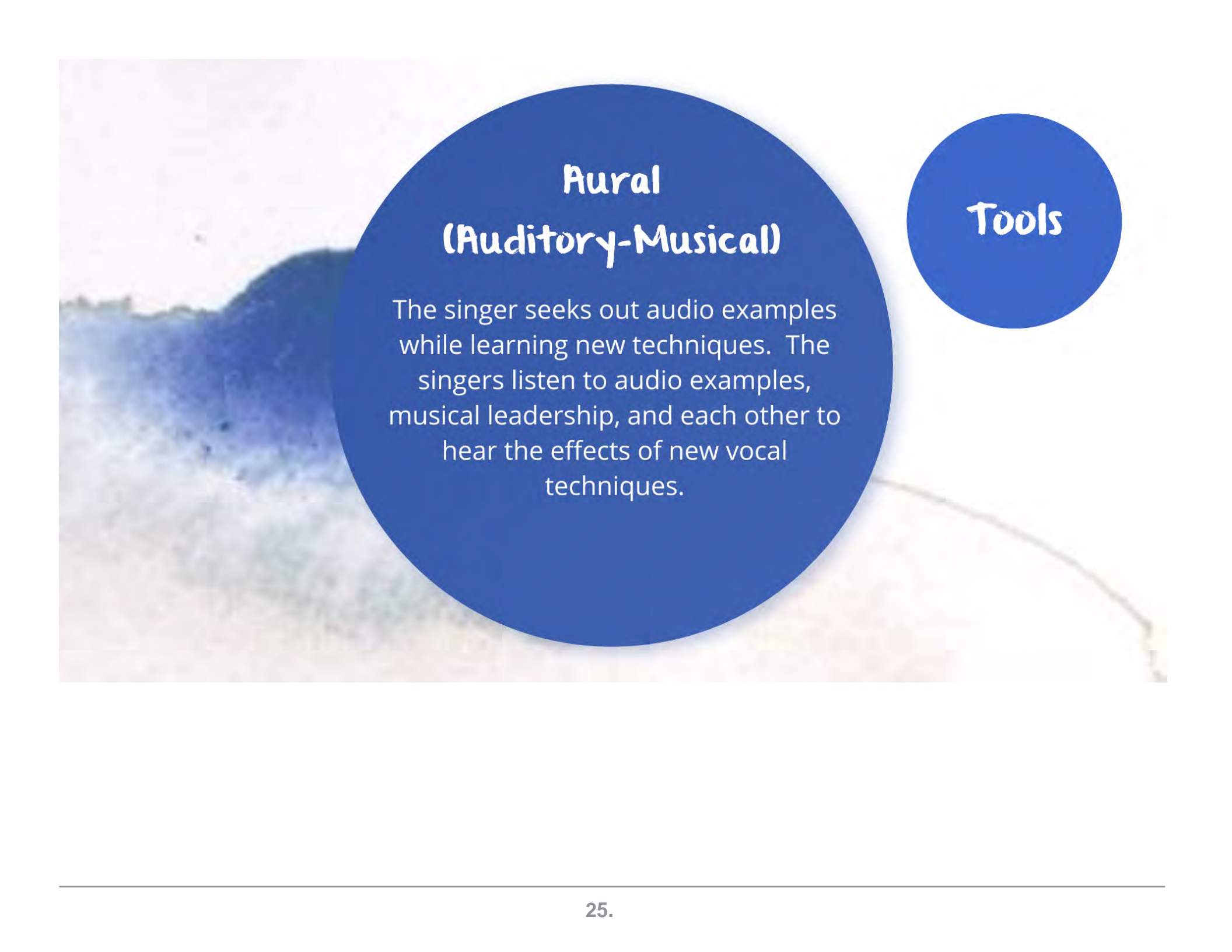
Tools



# VISUAL TOOLS

- Vowel Chart
- Coaching/Debrief Poster
- Projector/Screen
- Videos: YouTube, Facebook, Leveling
- Modeling: Director, Musical Leadership





## Aural (Auditory-Musical)

The singer seeks out audio examples while learning new techniques. The singers listen to audio examples, musical leadership, and each other to hear the effects of new vocal techniques.


## Tools

# AURAL TOOLS

- Half/Half Singing
- Modeling
- Audio Recordings
- Learning Tracks
- Vocabulary/Term Toolbox







## Verbal (Linguistic)

The singer engages in verbal processing after a song is performed, a new technique is introduced/ reinforced, and during coaching. Members are routinely encouraged to express a technique or skill in their own words, either with a partner or out loud when called on.

## Tools

# VERBAL TOOLS

- Verbal Processing - Hand Up
- One Word Exercise
- Constant Recording
- Office Hours
- Facebook/Bulletin Board





## Physical (Kinesthetic)

Kinesthetic aids are provided and demonstrated by musical leadership during rehearsals and coaching. Members explore kinesthetic tools regularly during personal rehearsal time and uses of these tools on a regular basis.

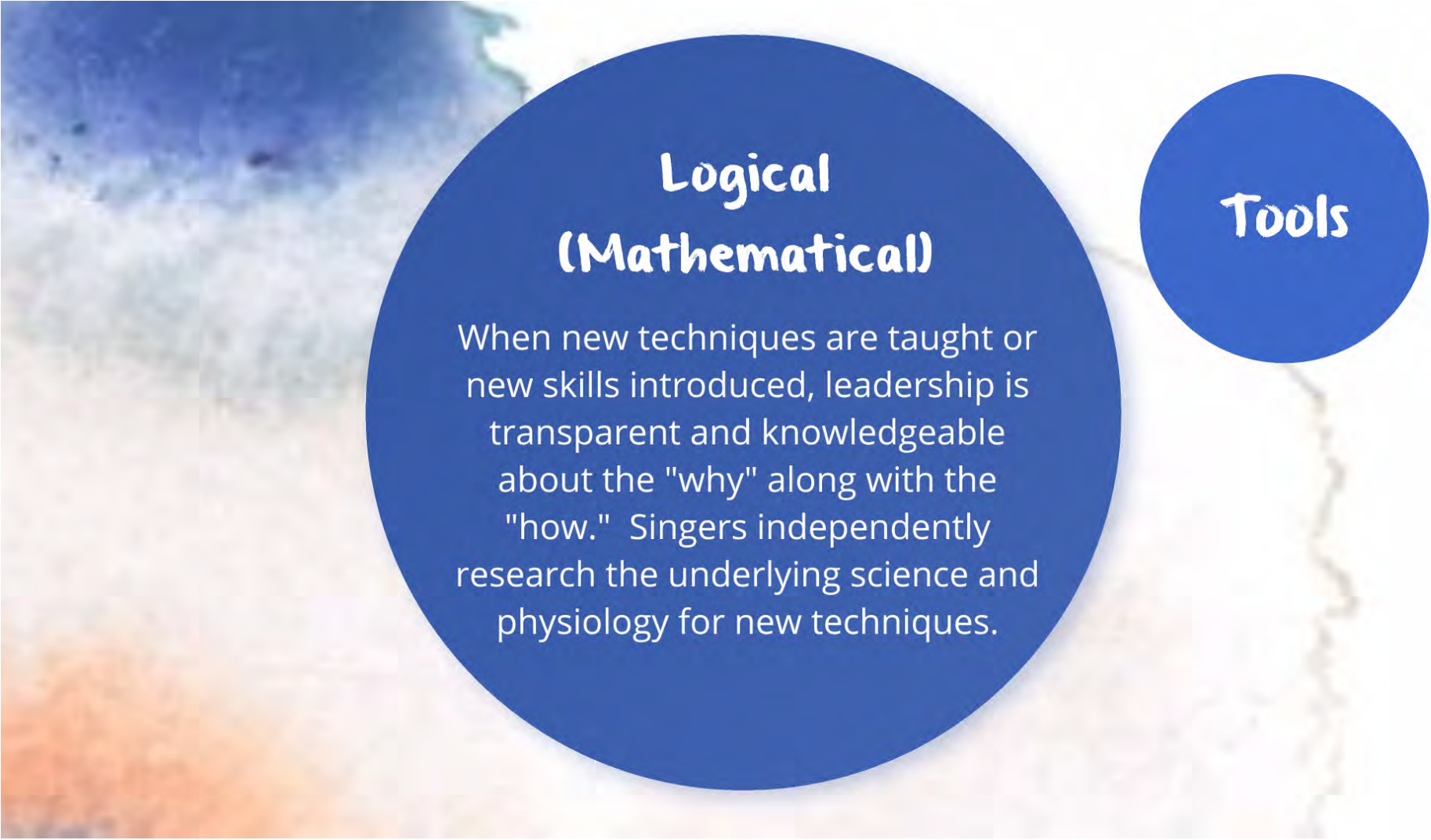
## Tools



# PHYSICAL TOOLS

- Kinesthetic Movement (Technique)
- Move Around Time
- Physical Warm-Ups
- Choreography Enhances Music
- Snap, Clap, Stomp





## Logical (Mathematical)

When new techniques are taught or new skills introduced, leadership is transparent and knowledgeable about the "why" along with the "how." Singers independently research the underlying science and physiology for new techniques.

## Tools

# LOGICAL TOOLS



- Background Knowledge - Leadership
- Charts, Graphs, Data
- Designated Question Time
- Processing Time to Accept New Skills
- Supporting Videos, Articles, and Examples





## Social (Interpersonal)

Social events are scheduled and promoted on a regular basis. This can include short "getting to know you" activities within regular rehearsal time.

Singers seek out collaboration time when processing a new skill or concept.

## Tools

# SOCIAL TOOLS

- Hot Seat
- Good News Share Time
- Quartet/Ensemble Singing
- Social Time Before/After Rehearsal
- Ice Breakers



## Solitary (Intrapersonal)

Silent processing time is taken after techniques are introduced or songs are performed.

Singer accesses learning tools that are provided via website or social media in order to process/learn on their own.

## Tools

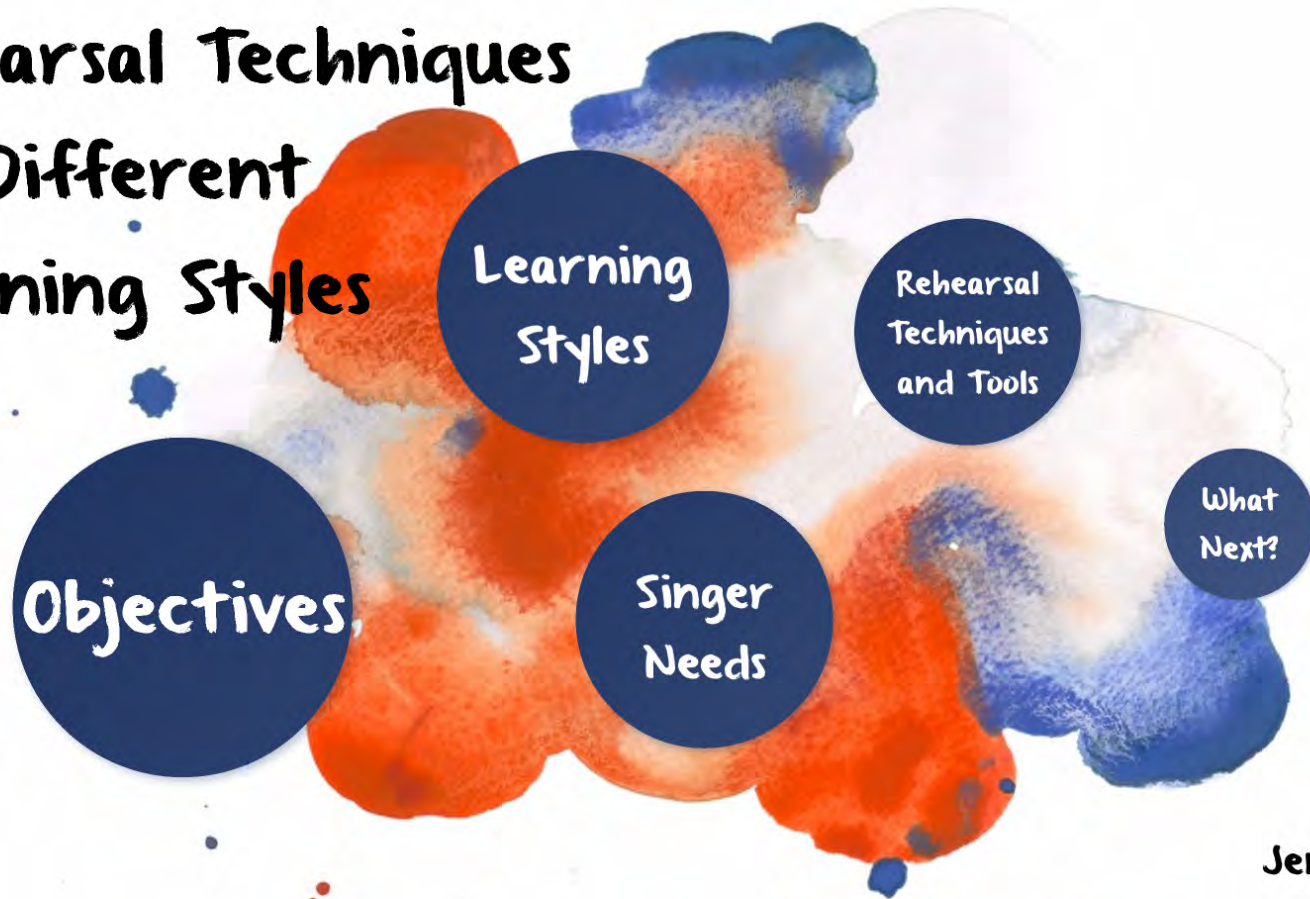


# SOLITARY TOOLS

- Silent Processing Time
- Online Learning Tools
- PVIs
- Meditation/Visualization
- Facebook/Website Connections



# Rehearsal Techniques for Different Learning Styles



Jennifer Cooke

## Next Steps . . .

- Know Your Habits
  - Make more room for other learning styles
  - Record rehearsals and learn from yourself
- Education
  - Determine your style(s)
  - Incorporate tools to support non-style times
  - Be deliberate in utilizing tools for your style
- Connect and Communicate
  - Incorporate others' strengths to supplement your own
  - Communicate with musical leadership

## Resources



## Virtual Resources

- Zoom Tools
  - Screen Share
  - Sound Share
  - White Board
  - Spotlight Video
  - Breakout Rooms
  - Chat
- YouTube Videos
- Multi-Tracking
- Virtual Choruses
- Online Classes/Webinars
- Coaching



Videos

Virtual  
Choirs

Warm Ups

## Video Resources

**Kathleen Hansen:** <https://www.youtube.com/channel/UCpNH0HrqqBmPscbSxe4qEDQ>

**Anna-Lisa Glad:** <https://www.youtube.com/channel/UC4wOmITGGxPZs9L3Lul3z3A>

**Sing With Jen:** [https://www.youtube.com/channel/UCrLKDAM3Gu7uRgZSr\\_-GpQw](https://www.youtube.com/channel/UCrLKDAM3Gu7uRgZSr_-GpQw)

**Sweet Adelines Videos:** <https://www.youtube.com/user/SweetAdelineIntl/videos>

**Debra Lynn:** <https://www.youtube.com/user/debralynnvocalcoach>

**Go Noodle:** <https://www.youtube.com/user/GoNoodleGames>

## Virtual Choirs

**The Collective:** <https://www.facebook.com/TheCollectiveVirtualChoir>

**The Sound Collective Chorus:** <https://www.facebook.com/TheSoundCollectiveChorus/>

**Eric Whitacre:** <https://www.facebook.com/virtualchoir/>

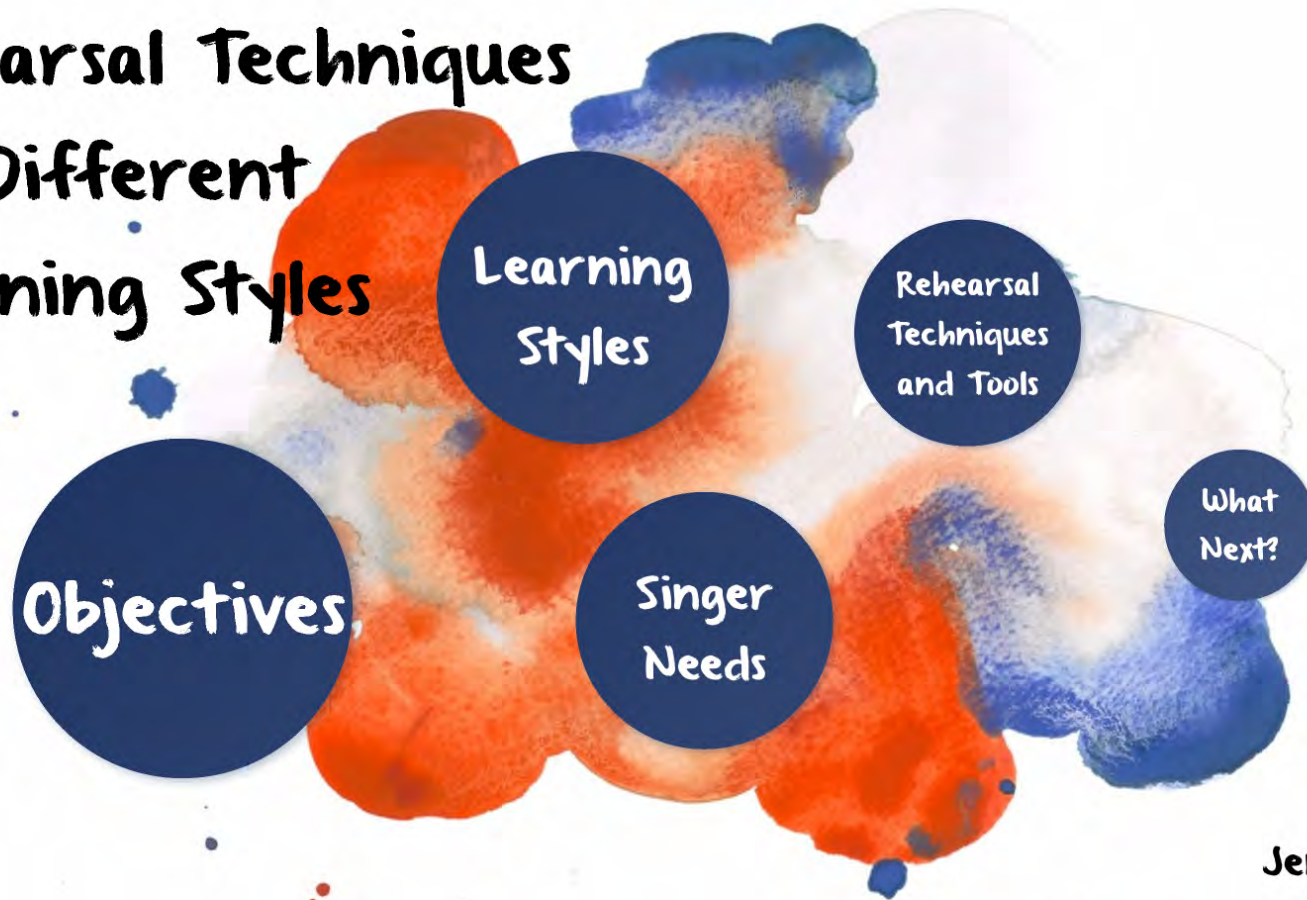




## Vocal and Physical Warm-Ups

- **Anna-Lisa Glad:** <https://www.youtube.com/channel/UC4wOmITGGxPZs9L3LuI3z3A>
- **Harmony University Warm Up Series:** [https://www.youtube.com/playlist?list=PLcwXdNVvSNbgOXbqqzGmbLPTaSzvRFu\\_](https://www.youtube.com/playlist?list=PLcwXdNVvSNbgOXbqqzGmbLPTaSzvRFu_)
- **Kathleen Hansen:** <https://www.youtube.com/channel/UCpNH0HrqqBmPscbSxe4qEDQ>
- **iTunes:** Individual Warm Ups
- **Sweet Adelines Shop:** Search "warm-up"

# Rehearsal Techniques for Different Learning Styles



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