

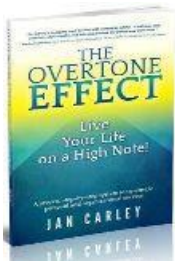
Jan Carley, Inner Coach of Barbershop

A Brief Bio

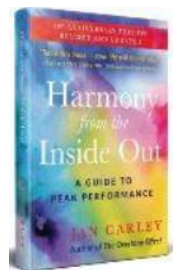


Since 2007, in her role as Inner Coach of Barbershop, Jan has been instrumental in inspiring thousands of Sweet Adelines worldwide to access and value their power within. Jan has had life-changing positive impact on dozens of directors, leadership teams, and choruses from as small as 18 members to as large as 130 globally inspiring them to create more joyous chorus cultures and personal experiences of excellence and possibility.

Jan is a long time barbershopper, singing Lead with the award-winning Lions Gate Chorus in Vancouver, BC since 1994 and with her Christmas performance Quartet, Fandango since 1999. An internationally credentialed professional executive coach by training, Jan is also Associate Faculty of Royal Roads University's esteemed executive coaching program teaching the foundations and Personal mastery components of the program.



She is author of the popular books, *Harmony from the Inside Out*, and *The Overtone Effect*, using musical metaphors and her vast coaching and performance experience to help individuals, leaders and chorus cultures work from the inside out to maximize their potential. Both books are available at your favourite online bookstore AND also through Sweet Adeline International Sales (paperback version) More info. and reviews at www.harmonyfromtheinsideout.com and www.theovertoneeffect.com



A few testimonials for Jan's ZOOM WEBINARS during these Physically Distanced Times *"Keeping You Together When You're Not Together"*

The response was overwhelmingly positive ... it felt like it was just what we needed, at the exact right time! -Maja Weibe, Region 26 Directors Coordinator

...If your SAI region or HI area or BHS district hasn't worked with Jan yet, I recommend her—she's a gem. -Elizabeth Davies, Director, Sound Harmony Chorus Region 13

Jan's workshop gave our Region 10 Directors optimism, support, and many tools to use to move our choruses forward with confidence! -Mary Beth McMurray, Directors Coordinator Region 10

Jan was/is awesome. It was a "shot in the arm", so to speak. I feel energized and emotional and it was great to see and hear everyone. – Lou, Chorus member

Wonderful seminar Jan! It really hit the mark and connecting with all those Directors and TC's made everyone feel really "together" in this situation. – Lea Baker Edu Coor Region 34

Thank you for a wonderful Zoom meeting! Your presentation hit upon many things that all of us need to consider. You were very well received and the comments that have been shared by those who attended are stellar. – Di Porsch, Buffalo Gateway Chorus

MORE TESTIMONIALS AND INFORMATION ABOUT JAN'S WORK AT

www.innercoachofbarbershop.com