Creating Unforgettable Rehearsals

Tori Postma

Rehearsal theme ideas:

Colander Night – vocal production

Bag Lady Night – vocal production

Director/chorus communication

Ensemble work

Backwards Night - start with 'goodbye'

Work only tags and ends of songs

Work backwards, adding 8 meas at a time to tag, etc.

Character Night -

Dress in character of 2 songs

Work on singing through distractions

Flip Flop Night -

Dealing with distractions

Dress in flip flops and shades + whatever

Flip chorus side to side, row to row

Vocal production + singing with whomever you're near

Bad Hair Night -

Distraction exercises

Naked exercises – to deal with nerves

MINI shows

Create 2 or 3 choruses (sing the same 3 songs)

Separate directors, costumes, choreo, and emcees

Give 20 minutes for 'rehearsal' for 3 weeks ahead

Perform for each other

Naked Exercises - from rows to sections to small groups singing alone with choreo

Building confidence and stamina NO FEEDBACK or COACHING

Bounce the Ball-

Everyone bounces a small ball in time to the rhythm while talking,

Then singing the song

NOTES: