

**PVI Profile - Personal Vocal Improvement**

**NAME** \_\_\_\_\_ **DATE** \_\_\_\_\_

What one aspect of vocal production would you like to improve?

\_\_\_\_\_

**VOCAL RANGE:**

Middle  
C

**POSTURE:**

Posture alignment, centered around core  
Weight forward on balls of feet  
Knees flexible  
Elevated ribcage  
Shoulders back but not rigid or tense  
Arms hanging freely, palms toward sides  
Head positioned over spine  
Neck relaxed  
Chin parallel to floor  
Facial lift (inside smile)

**BREATHING:**

Open, relaxed throat  
Lowered larynx  
Relaxed tongue  
Expanded breath (intercostals/ribs, abdominals, back)  
Epigastric support (breath clutch)  
Breath management (gently controlled, energized release)

**PHONATION:**

Coordination of breath and sound (no glottal attack, escaping air)  
Tone (sustained, free and clear)  
Vibrato (steady and even)

**RESONANCE:**

Soft palate (lifted)  
Lifted upper jaw  
Relaxed lower jaw (easily moved while singing)  
All resonating spaces involved

**ARTICULATION:**

Forward vowel formation  
Consonants are precise (except singable)

**ACCURACY:**

Intervals clean  
Pitch integrity (maintain "do")

**HOMEWORK:**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_